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2010-2011

# LOCAL FOOD GUIDE

Your Guide to Local, Sustainable & Organic Food in Central Indiana



**INSIDE** Farms, Markets, Restaurants, CSAs



John Ferree, Seldom Seen Farms. See description on page 12.



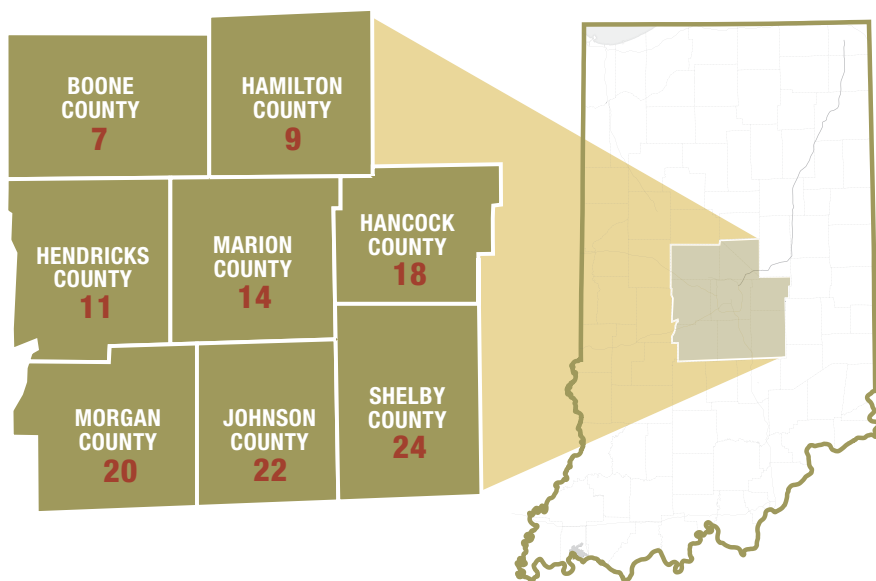
2010-2011

# LOCAL FOOD GUIDE

Your Guide to Local, Sustainable & Organic Food in Central Indiana

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- 3** Seasonal Harvest Calendar
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## FARMS, FARMERS' MARKETS, WINE/ALCOHOL, CSAs



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## INDY FOOD, FARM AND FAMILY COALITION

The Indianapolis Food, Farm and Family Coalition works to make Indianapolis a more food secure city through education, awareness, public programs, and connecting consumers to farmers.

We envision a food secure Indianapolis in which all community residents obtain a safe, culturally appropriate, nutritionally adequate diet through a sustainable food system that maximizes community self-reliance and social justice.

Our members include volunteer representatives from government, consumer, business, farm, multi-cultural, anti-hunger advocacy, faith and community development groups who are working together to bridge the gap between producers and consumers.

We focus on assessment, outreach, and development of deeper collaborations with other organizations and individuals working on the issue of a sustainable and local food system. We strive to increase knowledge and skills in gardening, preserving, and increasing ability to eat healthy, sustainable food.

### Why Buy Local?

Every time you purchase food, you make a choice that's more important than just what is for dinner. When you buy local food, you:

**Help keep farmers on the land,** keep the local economy strong, and preserve our agricultural heritage.

When purchasing directly from farmers, you have the chance to talk about the methods they use and the care they take to grow your food.

**Help the environment.** When you buy local, fewer fossil fuels are burned to transport your food across the country or between continents and less packaging is needed. Supporting those who use sustainable farming practices also means that the land is treated in environmentally sensitive ways, which prevents soil erosion and protects the quality of our water.

**Get to taste delicious food.** Buying local means you can enjoy eating with the seasons, preparing meals that showcase what's farm fresh and harvested at its peak that same day.

When you consider how this is all connected, you realize that your food choices really do make a difference. Your decision to buy local food helps create a stronger, more sustainable regional food system.

# ANNUAL HARVEST CALENDAR

	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov
Apples								
Asparagus								
Beets								
Blackberries								
Blueberries								
Broccoli								
Brussel Sprouts								
Cabbage								
Cantaloupe								
Carrots								
Cauliflower								
Cherries								
Collards								
Eggplant								
Grapes								
Green Peas								
Hot Peppers								
Lettuce								
Lima Beans								
Mushrooms								
Onions (dry)								
Peaches								
Plums								
Potatoes								
Pumpkins								
Radishes								
Raspberries								
Snap Beans								
Spinach								
Strawberries								
Summer Squash								
Sweet Corn								
Sweet Peppers								
Tomatoes								
Turnips & Greens								
Watermelon								
Winter Squash								

Special Note on Availability: Local weather may affect harvest dates from one year to the next. Many fruits and vegetables are available beyond the indicated harvest periods through modern storage techniques and facilities.

# WHO'S IN THE LOCAL FOOD GUIDE?

## FARMS

This Guide includes farms in Central Indiana that meet at least one of the following definitions:



**Certified Organic:** The USDA National Organic Program outlines the strict uniform standards that farms must meet in order to sell their products as organic. Organic growing methods replenish soil fertility, and prohibit use of persistent chemical pesticides and fertilizers.



**Certified Naturally Grown:** This certification program, administered by a nonprofit organization, is tailored to small-scale farms that observe growing practices based on the highest principles and ideals of organic farming.

**Sustainable:** Sustainable growing methods aim to produce food while minimizing damage to the surrounding physical and social environments.

**Biodynamic:** Biodynamics works with the healthgiving forces of nature to improve the health of the planet and its people. Farms can be Certified Biodynamic by Demeter® USA.

**Grassfed:** Pertaining to livestock husbandry, grassfed systems that raise livestock on pasture are ecologically sustainable, humane, and result in healthier meat, dairy, and eggs.

**Farmers' Markets:** The farmers' markets in this Guide are all producer markets where you can buy fresh produce, meats, and dairy directly from the farmer who grew the food. The Guide does not include markets that predominately feature brokers or resellers, or markets that do not feature local producers selling locally grown food products.

## KEY

Special icons indicate the products and services offered by each farm:



Produce



Herbs



Dairy



Eggs



Meat/  
Seafood



**CSA:** Community Supported Agriculture subscriptions are offered by this farm.



**U-Pick:** This farm welcomes visitors to pick their own produce. Call ahead to confirm hours and harvest availability.



**Agritourism:** Farms displaying this symbol host visitors interested in learning about agriculture. Call ahead to schedule your visit.



**On-Farm Market:** This farm has a stand or store that sells their products, and maybe the products of nearby farms, too.





## BOONE COUNTY

## BOONE COUNTY

### FARMS

Eden Farms Incorporated  
Hazelrigg Honey  
KG Acres Farm and Featherworks  
Merriman's Farm  
Moody Meats  
Murphy Farm Eggs  
New Leaf Farms LLC  
Skillington Farms Inc.  
Traders Point Farm Organics, LLC  
Valentine Hill Farm

### FARMERS' MARKETS

Zionsville Farmers' Market  
Traders Point Creamery Green Market

### FARMS

#### Eden Farms Incorporated

Randy Butts, 765-676-5239  
Randy@edensfarmins.com  
4500 S 500 W, Lebanon, IN 46052  
www.edenfarmsinc.com

Hydroponic greenhouse selling  
wholesale living basil.

#### Naturally Grown



#### Hazelrigg Honey

Lisa and Michael Schluttenhofer  
765-482-4384  
5151 W Hazelrigg Rd  
Thorntown, IN 46071  
Creamed/ flavored honey, swarm

removal, wax & honey based skin care  
products – fall season.

#### Naturally Grown

#### KG Acres Farm and Featherworks

Laura Karr, 765-482-7329  
Kgacresfarm@gmail.com

Earth-friendly herbs, produce, honey,  
free-range heritage poultry & products

#### Sustainable, Free-Range



#### Merriman's Farm

Ryan or Charles Merriman  
317-758-5681, 317-758-0516  
7778 E 750 N, Sheridan, IN 46069

Farm fresh pork packaged ready for  
your freezer. Great selection of cuts and  
specialty items. Whole and half hog  
packages you choose cuts. Seasonal  
specials. No hormones and antibiotics.



#### Moody Meats

Chad Haffler, 765-942-2442  
econtact@moodymeats.com  
www.moodymeats.com

Fresh and frozen cuts of meat including  
beef, pork, chicken, and lamb. Specialty  
products: sausages, smoked meats,  
burgers available. Offers custom  
processing. Store to door delivery available.

Avon Store, 317-272-4533  
Zionsville Store, 317-873-1800  
Village of West Clay, 317-660-7333

#### Naturally grown



# BOONE COUNTY

## Murphy Farm Eggs

Kathleen Murphy, 317-501-1021  
muphyfarminc@aol.com

Free range, large to jumbo brown eggs.  
No hormones, antibiotics, or pesticides.

### Sustainable, Free-Range



## New Leaf Farms LLC

Heather or Ed Devlin  
765-482-3225, 317-695-7117  
newleaffarms@ilines.net  
2575 S 200 E, Lebanon, IN 46052

Offering fruits, vegetables, herbs.



## Skillington Farms Inc.

Stan Skillington  
765-482-5481, 765-481-0264  
stan@skillingtonfarms.com  
465 N. 500 E., Lebanon, IN 46052  
www.skillingtonfarms.com

Skillington Farms Inc. is a family owned farm serving the Indianapolis and surrounding communities. We practice holistic and environmentally sound management to produce all natural poultry, beef, pork (naturally grown) & lamb. We offer whole chicken, boneless skinless breasts, airline breasts, thighs, ground chicken and chicken patties. Additionally, we raise turkeys for the Thanksgiving and Christmas season. Complete pet food product for dogs and cats. Organic chicken, eggs & turkeys for the fall. Grassfed beef by the quarter, pork by the half and whole grass fed lambs.

### Sustainable, Grassfed



## Traders Point Farm Organics, LLC

317-733-1700, 866-360-6015  
9101 Moore Road, Zionsville, IN 46077  
www.tpfororganics.com

We are the Only Grassfed, Organic Dairy Farm in Indiana and the only

Grassfed Organic Processor of Cheese, Fromage and Ice Creams in Indiana.

### Grassfed



## Valentine Hill Farm

Maria Smietana, 317-733-9311  
info@valentinehillfarm.com  
7549 South Retriever Lane  
Zionsville, IN, 46077  
www.valentinehillfarm.com

Large variety of seasonal tomatoes, berries, peas, beans, beets, and pumpkins. No GMOs, herbicides, pesticides or petroleum based fertilizers are used. Year round baked goods.



## FARMERS' MARKETS

### Zionsville Farmers' Market

Tony Suttle, 317-733-6343  
Main St. & Hawthorne  
Zionsville, IN 46077

Fruits and vegetables.



### Traders Point Creamery Green Market

317-733-1700, 866-360-6015  
9101 Moore Road, Zionsville, IN 46077  
www.tpfororganics.com

### The Winter Selling Season

From the first Saturday in November through the last Saturday in April, The Green Market is hosted inside the heated Red Barn every Saturday morning from 9am - Noon. In the winter, breakfast is served during the Saturday morning market in the Loft.

### The Summer Selling Season

We host The Green Market every Friday night from 4 - 8pm starting the first Friday in May through the last Friday in October. The vendors are on the front lawn with dinner being served on the deck from 5 - 8pm.





## HAMILTON COUNTY

## HAMILTON COUNTY

### FARMS

Balanced Harvest Farm & CSA  
Goss Family Farm  
Homestead Growers  
Local Folks Foods  
Redwine Farms  
Victory Acres CSA  
Wilson Farms

### FOOD BUSINESSES

Country Mouse City Mouse

### WINE/ALCOHOL

Barley Island Brewing Company

### FARMS

#### Balanced Harvest Farm & CSA

Todd & Kathleen Jameson  
317-815-9863, 317-517-4240  
1845 West 131 St  
Carmel, Indiana 46032  
[www.BalancedHarvest.com](http://www.BalancedHarvest.com)

At Balanced Harvest Farm we grow a seasonal array of herbs & vegetables from Arugula to Zucchini and most items in between. Everything we sell, we grow - no exceptions. We produce our vegetables using a method we call "best practices". Best practices include combining organic, biodynamic, sustainable and old world farming methods with Integrated Pest Management to produce the most delicious and natural vegetables around.

We are not a certified organic farm. Most varieties grown are open pollinated, heirloom and always non-GMO.

#### Biodynamic, Sustainable



#### Goss Family Farm

Mike Goss, 765-552-1836  
[faircreekgoss@gmail.com](mailto:faircreekgoss@gmail.com)  
14015 East 2056 st. Arcadia, In 46030

Pastured chicken and eggs, 100% grass fed lamb (fall, early winter seasonal). No hormones, antibiotics, or chemical sprays. Seasonal produce.

#### Sustainable, Grassfed



#### Homestead Growers

Steve Spencer, 317-727-2730  
25325 Lamong Rd., Sheridan, IN 46069  
[www.homestead-growers.com](http://www.homestead-growers.com)

Homestead Growers has a full array of naturally grown seasonal produce, including a year-a-round mushroom growing facility specializing in Shiitake, Oyster, and Portabella mushrooms. Provides fresh, high quality, naturally grown produce without the use of chemical herbicides or pesticides. Products available at farmers' markets or get home delivery through their CSA program.

#### Sustainable



# HAMILTON COUNTY

## Redwine Farms

Dale Redwine, 317-867-3467  
redwinefarms@yahoo.com  
3101 East 203rd, Westville, IN

Non-certified organic vegetables.  
grapes, raspberries, pears, apples, wild  
blackberries, strawberries. chicken,  
goose, and duck eggs.

## Sustainable, Grassfed



## Victory Acres CSA

Terry Himelick, 765-998-2590  
vacsa@vicm.org  
5275 South 800 East, Upland, IN 46989  
www.victoryacres.org

Pick-up in Upland, Muncie, Fishers, and  
Indy. Providing good work and good food.



## Wilson Farms

Bill Wilson  
317-758-4638, 317-758-5734  
25525 Dunbar Road, Arcadia, IN 46030  
www.wilsonfarmmarket.com

Farm market has all types of fresh fruits  
and vegetables, cheeses, cheese curds,  
jams and jellies, frozen meats, bulk  
foods, bakery, hand-dipped ice cream,  
homemade fudge.



## FOOD BUSINESSES

### Local Folks Foods/ Homestead Growers

317-727-2730, localfolksfood@aol.com  
25325 Lamong Rd, Sheridan, IN 46069  
www.localfolksfoods.com

Sauces, ravioli, ketchup, jam, mushroom  
burgers made with fresh, local ingredients



## WINE/ALCOHOL

### Barley Island Brewing Company

Jeff & Linda Eaton, (317) 770-5280  
barleyisland@sbcglobal.net  
639 Conner Street  
Noblesville, IN 46060  
www.barleyisland.com

True to its name, Barley Island Brewing  
Company produces fine ales, which are  
served in its Old World décor restaurant  
and pub. Barley Island has an emphasis on  
freshness - the beer is made from scratch as  
well as many of the food items.





## HENDRICKS COUNTY

### FARMS

Danville Honey  
Hobbit Garden's Erth Gathering Center  
Iron Creek Farm  
Meadow Valley Farm  
Nature's Harvest Organics  
Seldom Seen Farm  
Smith Farms  
Stamper Farms & Gardens  
Sunset Acres

### WINE/ALCOHOL

Chateau Thomas Winery

### FARMERS' MARKETS

Danville Chamber Farmers' Market  
Hendricks Co. Winter Farmer's Market  
Plainfield Chamber of Commerce Farmers' Market  
Washington Township Community Park Farmers' Market  
Plainfield Chateau Thomas Winery Farmers' Market

### FARMS

**Danville Honey**  
Randy Richards, 317-271-5051  
Local honey, sold at Locally Grown Gardens on 1050 East 54th Street, Indianapolis.

### Hobbit Garden's Erth Gathering Center

765-246-6315  
hobbitgardens@tds.net  
6213 East C.R. 300 North., Fillmore, IN 46128  
hobbitgardens.hendrickscountyconnection.com

Ecologically and sustainably grown herb plants and produce. Shop and gardens to wander.

#### Sustainable



### Iron Creek Farm

765-569-5508.  
Free-range eggs and meat goats. No antibiotics or hormones. Raw goat's milk for pet consumption only.

#### Sustainable, Grassfed, Free-range



### Meadow Valley Farm

Samuel Stoltzfus, 765-597-2306  
4102 North 400 East, Rockville, IN 47872

Variety of farmstead cheeses made from raw Jersey milk and aged for a minimum of 60 days. Cheese house is Indiana State inspected. Grass fed cows raised without hormones or antibiotics. Tours possible.

#### Sustainable, Grassfed



# HENDRICKS COUNTY

## Nature's Harvest Organics

Aaron Zeis, 317-709-8319  
www.naturesharvestorganics.com  
PO Box 35, Clayton, IN 46118

Formerly known as Center Valley Organic Farm, Nature's Harvest Organics is Indiana's oldest, largest and only certified organic CSA, serving the greater Indianapolis community for more than 15 years.

Nature's Harvest Organics is a CSA farm offering "shares" of fresh produce for 21 weeks each season to a neighborhood near you!



## Seldom Seen Farm

John Ferree, 317-509-7828  
info@seldomseenfarm.com  
2525 N County Road 425 E  
Danville, IN 46122  
www.seldomseenfarm.com

Seldom Seen Farm is focused on high quality vegetables and herbs for both retail and wholesale outlets. Custom growing and 3rd party certification available. Currently seeking CSA customers and wholesale clients for 2010 season. Delivery available in Central Indiana. Delivery to other areas depends on quantity. Seldom Seen Farm is a small-scale, family run farm east of Danville, Indiana. We grow all manner of vegetables, flowers, and herbs on 50 acres of crosby and brookston clay loam.

### Sustainable



## Smith Farms

317-892-4770, Pittsboro, IN  
Seasonal vegetables grown without chemicals.

### Sustainable



## Stamper Farms & Gardens

Kathy, 317-539-4616, 317-522-7431  
kstamp@tds.net  
1288 S. Co. Rd. 600 W, Danville, IN 46122  
www.greenertthorganics.com

We raise assorted berries and vegetables using only organic fertilizers and pest control products. We also sell organic fertilizers and pest control products. Seasonal vegetables. Offers a unique volunteer program where people can come and help harvest a crop and in return they get 1/4 of the crop, a local food pantry gets 1/4, and the farm gets 1/2.



## Sunset Acres

John, 765-569-5677

Grassfed beef and natural raw milk cheese. Cow shares available. Can ship cheeses nationally via UPS Ground.

### Sustainable, Grassfed



## WINE/ALCOHOL

### Chateau Thomas Winery

Sheila Kavanaugh and Dr. Charles Thomas  
317-837-9463  
info@chateauthomas.com  
6291 Cambridge Way, Plainfield, IN 46168

# HENDRICKS COUNTY

[www.chateauthomas.com](http://www.chateauthomas.com)

Chateau Thomas produces its wines from Vinifera (old world) grapes harvested from the finest vineyards in California, Oregon, and Washington State. Some of these grapes are crushed on the west coast, chilled to 34°, and then shipped to our winery in 1-ton bins by refrigerated trucks to ensure freshness. Others are shipped to and crushed at the Plainfield Winery. We hold several dinners with the winemaker throughout the year. Offering Murder Mystery Dinners, Mother's Day Bash, Men's Night Out, Grape Harvest Festival, Turkey Tasting, New Year's Eve Celebration, Spirit of the Season with Jennie Devoe (7th year). Murder Mystery, Wine Marker, Free Music every Friday of the year, Wine Art and Music Festival, Spirit of the Season Concert, Valentines Day Dinner.



## FARMERS' MARKETS

### Danville Chamber Farmers' Market

Amanda Jensen, 317-747-0670  
Main Street & Washington  
Danville, IN 46122  
[www.danville.org](http://www.danville.org)

Fruits and vegetables.



### Hendricks Co. Winter Farmer's Market

Robin Little, 317-730-5552  
317-539-4244  
Hummel Park, Plainfield

Serving West Central Indiana, Local produce every Thursday.



### Plainfield Chamber of Commerce Farmers' Market

Rosie Lenihan, (317) 839-3800  
210 West Main St., Plainfield, IN 46168  
4 to 7 p.m. Wednesdays. Plainfield Plaza,  
1800 E. Main St., Plainfield.

Fresh fruits and vegetables.



### Washington Township Community Park Farmers' Market

317-745-0785  
150 N. & CR 475 E., Avon, IN 46123



### Plainfield Chateau Thomas Winery Farmers' Market

Sheila Kavanaugh, Dr. Charles Thomas  
317-837-9463  
6291 Cambridge Way  
Plainfield, IN 46168  
26th Year of operation.  
May 13th-October: Over 30 producers  
Thursday 4-7pm.







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## MARION COUNTY

### FARMS

Basic Roots Community Foods  
Big City Farms CSA  
Brendle Honey Farm  
DA Thomas & Associates  
England's Apiary  
Harvest Café Coffee Roasters  
KG Acres Farm and Featherworks  
Literally Divine Toffee and Truffles  
Stouts Melody Acres  
Waterman's Farm Market  
Your Neighbor's Garden

### FOOD BUSINESSES

Country Mouse City Mouse  
Fermenti Artisan

### WINE/ALCOHOL

Easley Winery  
Mass Avenue Wine Shop  
Sun King Brewing Company

### FARMERS' MARKETS

38th & Meridian Farmers' Market  
Binford Farmers' Market  
Broad Ripple Farmers Market  
Indy Winter Farmers' Market  
Cumberland Farmers' Market  
Market on Morris  
Original Farmers' Market at the  
Indianapolis City Market  
Geist Farmers' Market at Holy  
Cross Lutheran Farmers' Market

### FARMS

#### Basic Roots Community Foods

Kay Grimm, 317-519-1848, 317-290-6996  
basicroots4u@yahoo.com  
341 N. Hamilton Avenue  
Indianapolis, IN 46201  
www.basicroots.biz

Supported by a network of about 100 local growers to provide year round farm fresh goodies to members who subscribe. Vegetables, herbs, specialty products. A seasonal, once a month, year-round local sustainably produced food delivery service.

#### Sustainable



#### Big City Farms CSA

Matthew Jose, growyerown@gmail.com

Downtown Indy and Broad Ripple pick-ups.  
Specialize in heirloom produce grown in downtown Indianapolis.

#### Sustainable



#### Brendle Honey Farm

Tom Brendle, 317-517-0484, 317-823-4361  
Brendle38@aol.com  
9801 Fall Creek Rd. #406  
Indianapolis, IN 46256

Producer and distributor of products from the hive: liquid honey (12 oz, 1 lb, 2 lb, 5 lb), comb honey, creamed honey, bee



# MARION COUNTY

pollen. Natural skin care: lip balm, face creams, hand creams, body lotion and body butter. Soap, candles (bees wax).



## DA Thomas & Associates

Dwight Thomas  
678-294-1419, 317-518-5774  
6616 Greenridge Drive  
Indianapolis, IN 46278  
[www.datassociates.com](http://www.datassociates.com)

Planned urban farming greenhouse. Fruit, nuts, vegetables, grains, herbs.



## England's Apiary (Indianapolis)

317-241-6203, Local honey

## Harvest Café Coffee Roasters

317-585-9162  
[ddarga@harvestcafecoffee.com](mailto:ddarga@harvestcafecoffee.com), [lfrench@harvestcafecoffee.com](mailto:lfrench@harvestcafecoffee.com)

Locally small-batch roasting the finest green coffees from all over the globe.



## KG Acres Farm and Featherworks

Laura Carr, 765-482-7329  
[kgacresfarm@gmail.com](mailto:kgacresfarm@gmail.com)  
[localharvest.com](http://localharvest.com)  
Lebanon, IN  
Earth-friendly herbs, heirloom produce, honey, not at market. Free-range heritage poultry & products.

### Sustainable, Free-Range



## Litterally Divine Toffee and Truffles

317-371-6392  
[info@litterallydivinetoffee.com](mailto:info@litterallydivinetoffee.com)  
[www.litterallydivinetoffee.com](http://www.litterallydivinetoffee.com)

Serving Central Indiana and beyond. Maker of all natural, organic, and vegan chocolates. You can find Litterally Divine at the following locations: Good Earth, Traders Point, Chateau Thomas Winery.

### Sustainable

## Stouts Melody Acres

Randy and Linda Stout, 317-422-8113  
[randallstout@netzero.com](mailto:randallstout@netzero.com)  
1169 N. State Rd 135, Franklin, IN 46131

Specializing in all natural winter greens and quality summer produce.

### Sustainable



## Waterman's Farm Market

Carol Waterman, 317-357-2989  
[carol@watermansfarmmarket.com](mailto:carol@watermansfarmmarket.com)  
7010 East Raymond Street  
Indianapolis, IN 46239  
[www.WatermansFarmMarket.com](http://www.WatermansFarmMarket.com)

A Hoosier Century Farm dedicated to providing fresh produce to the community while educating the consumer on the source of their food. Open 7 days a week from strawberry season through the end of October. Products include produce grown on 200 acres, other locally grown produce, Amish baked goods, jams, jellies and specialty items. Sundaes on Sundays offer ice cream sundaes, farm tour hayrides and children's activities. A party tent, caterer and other facilities are available for birthday parties, corporate retreats and other private events throughout the summer and during the Fall Harvest Festival. The Fall Harvest Festival which runs from the last weekend in September through the end of October, is a community institution for over 30 years and features a myriad of family

# MARION COUNTY

friendly activities including corn mazes, hayrides to the pumpkin patch, pony rides and Tyranny, the Pumpkin-eating Dinosaur.



## Your Neighbor's Garden

Ross Faris, 317-251-4130  
5224 Grandview Dr., Indianapolis, IN 46228  
[www.yourneighborsgarden.net](http://www.yourneighborsgarden.net)

Largest selection of local fruits and vegetables. We grow vegetables on 2.5 acres. Sell only Indiana produce. I sell at a Home Market, 5 Farmers' Markets and to 9 restaurants. The Home Market is located next to garage and is serve-yourself and on-your-honor; we take cash, checks and I.O.U.'s.



## FOOD BUSINESSES

### Country Mouse City Mouse

Katy and Erin, 317-410-4748  
[erin@countrymousecitymouseindy.com](mailto:erin@countrymousecitymouseindy.com)  
Indianapolis, IN 46220  
[www.countrymousecitymouseindy.com](http://www.countrymousecitymouseindy.com)

**Sustainable**

### Fermenti Artisan

Mark Cox & Chef Joshua Henson  
[fermentiartisan@gmail.com](mailto:fermentiartisan@gmail.com)  
Certified Healing Foods Specialist  
"The Culture in Your Diet"

We grow all produce natural, bio-dynamic and organic by practice for flavor and nutritional content through high Brix growing methods. Sales are at several farmers' markets throughout the year. Lacto-fermented products: Sauerkraut, Kim-Chi, Cordito, Beets, Artisan Blended Cultured Vegetables, Kombucha, Kvass and more. Farm tours, educational presentations,

community outreach, and catering available by appointment.

**Sustainable, Biodynamic**

## WINE/ALCOHOL

### Easley Winery

317-636-4516  
[info@easleywinery.com](mailto:info@easleywinery.com)  
205 N. College Ave  
Indianapolis, IN 46202  
[www.easleywinery.com](http://www.easleywinery.com)

Downtown winery offering wine education, wine tastings, winery tours, banquet facility, gift shop, gift baskets, and custom labeled wine. Also conducts winemaking classes.

### Mass Avenue Wine Shop

317.972.7966, [www.massavewine.com](http://www.massavewine.com)  
878 Massachusetts Ave, Indpls, IN 46204

Local wines, cheeses, meats and Indiana craft beers.



### Sun King Brewing Company

317-602-3702, [info@sunkingbrewing.com](mailto:info@sunkingbrewing.com)  
135 N. College Ave., Indianapolis, IN 46202  
[www.sunkingbrewing.com](http://www.sunkingbrewing.com)

## FARMERS' MARKETS

### 38th & Meridian Farmers' Market

Joel O'Neil, 317-924-2612, 317-926-6623  
3808 North Meridian St.  
Indianapolis, IN 46208

17 all unique vendors provide fresh vegetables and produce as well as other products in the heart of Indianapolis at 38th & Meridian Street. Free parking, Free escorted wagon service available to your car, over half of the vendors accept WIC vouchers, and pets are welcome.



# MARION COUNTY

## Binford Farmers' Market

Jane Lommel  
317-506-1105, 317-841-0755  
jane@BinfordFarmersMarket.com  
5060 E 62nd St, Indianapolis, IN 46220  
www.BinfordFarmersMarket.com

March 22nd/May 8th and October 23rd, 9am-noon, 8 am and noon! Join us at our specialty indoor Markets at Hawthorn Plaza on March 27, April 3, November 20, December 4 and 11th, 9 am and noon. Check our website, weekly, free admission, easy parking, entertainment.



## Broad Ripple Farmers Market

Barbara Wilder, 317-259-4193  
1115 Broad Ripple Ave.  
Indianapolis, IN 46220  
www.broadripplefarmersmarket.com

We are located in the parking lot behind Broad Ripple High School. Our market has a variety of vendors from produce, flowers, cheese, honey, beef, lamb, poultry & dairy.



## Indy Winter Farmers' Market

info@indywinterfarmersmarket.org  
901 N. East St., Indianapolis  
www.indywinterfarmersmarket.org

Open mid-Nov thru April; 50 vendors, keeping folks connected to local food

## Cumberland Farmers' Market

11351 E Washington St.,  
Indianapolis, IN 46229  
www.town.cumberland.in.us

Fruits and vegetables.



## Market on Morris

Beth Gibson, 317-638-9432  
beth@westindydev.org  
1920 W Morris St., Indianapolis, IN  
www.marketonmorris.org

4-6pm, Thursdays

Our market creates a fresh and inviting way to bring neighbors together while attracting a wide range of people to the community. We feel strongly about educating our community on the importance of healthy eating, buying local and supporting Indiana farmers. Held each Thursday afternoon in the paved parking lot just off Morris Street between the West Indianapolis Library and the West Indianapolis Development Corporation. 2010 market season: June through September. Vendors can accept WIC and Senior Farmers' Market Nutrition vouchers. Join us for our 3rd year. Call contact us for a 2010 Vendor application and guidelines. Fruits, vegetables, meats, cheeses, eggs, & bread.



## Original Farmers' Market at the Indianapolis City Market

Stevi Stoesz, 317-634-9266  
stevi@indycm.com  
222 East Market St, Indianapolis, IN 46204  
indycm.com

May 6-Oct 28, Wed. 10-1:30

Fruits and vegetables.



## Geist Farmers' Market at Holy Cross Lutheran Farmers' Market

Tom Brendle, 317-517-0484  
Brendle38@aol.com  
www.hclc.info/Community/Farmer\_s\_Market/farmer\_s\_market.htm

Thursdays, 2:30 p.m. to 6:30 p.m. beginning May 7. Open each Thursday through September 24, 2009. It will be located in the parking lot west of the Church.



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HANCOCK  
COUNTY

## HANCOCK COUNTY

### FARMS

Artesian Farms

Blue River Natural Foods

Crestview Farm

Mulberry Farms/Harvest  
Thyme CSA

Sunnyside Greenhouses

The Pork Shoppe

Vaughan Buffalo Farm

### FARMERS' MARKETS

Harvest Market at the Fairgrounds

Cumberland Farmers' Market

### FARMS

#### Artesian Farm

Anna Chase, 317-357-4539

artesianfarm@att.net

2199 S. Morristown Pike, Greenfield, IN

Frozen Angus Beef, Your choice: 100% grass-fed or Grain-finished. Natural, pastured beef. No hormones. No antibiotics in feed. Processed at state-inspected facility. Individually wrapped cuts of beef, sold by the package or by the bundle. We also sell quarters—about 110 lbs. or 1/8th shares about 50# frozen beef, custom cut & packaged. Wildflower walk in the woods on the farm, late April and early May.



#### Blue River Natural Foods

Earl Smith & Family, 765-763-0246

Dairyman\_br549@usa.com

6001 E. 500 South, Greenfield, IN 46140

Organic butter, organic cheeses, cheese curds and organic ground beef.



#### Crestview Farm

Gene Kintner, 765-345-7675

gandlk@hrtc.net

11285 W US 40, Charlottesville, IN 46117

Fruits: cantaloupe, melons, pears, red raspberries.

Vegetables: beans, beets, cucumbers, greens, lettuce, onions, peppers, radishes, squash, sweet corn, tomatoes, zucchini; Hay also available.

#### Naturally Grown



#### Mulberry Farms/Harvest Thyme CSA

Becky Boaz, 317-448-3612

harvestthymecsa@hotmail.com

2125 W 925 North, Fortville, IN 46040

www.harvestthymecsa.com

Broccoli, cucumbers, melons, potatoes, sweet corn, cabbage, eggplant, onions, pumpkins, tomatoes, beans, cantaloupe, radishes, turnips, beets, carrots, different varieties of greens, spinach, cauliflower, peas, herbs, peppers, squash, zucchini, sweet potatoes & watermelon.

# HANCOCK COUNTY

Natural, no insecticides/pesticides or GMO's, Several Heirloom varieties.



## Sunnyside Greenhouses

Michelle Hogue, 317-326-3129  
sunnyside.greenhouses@yahoo.com  
3185 E 700 North, Greenfield, IN 46140  
www.sunnysidegreenhouses.blogspot.com

Vegetables: Beans, cucumbers, peppers, sweet corn, tomatoes, zucchini.

Herbs: Basil, chives, cilantro, dill, lavender, marjoram, oregano, parsley, sage, tarragon, thyme.

Plants available April-May, Meat/Eggs: Eggs -Natural, Hormone Free, Grain Fed, No Antibiotics. Garden Center: Annuals, Perennials, Bedding plants, Seeds, Hanging Baskets, Fall Mums and Asters, Poinsettias.

## Naturally Grown, Free-Range



## The Pork Shoppe

Debi Hill: 317-462-1561  
Heather Hill: 317-462-2919  
debi@hillfarmsllc.com  
3501 S. 275 E, Greenfield, IN 46140

Pork - Processed & Frozen at State Inspected Facility. Raise the animals together and sold on farm. Sell direct, call first for an appointment.



## Vaughan Buffalo Farm

Richard Vaughan, 317-936-5404  
vaughanbuffalo@att.net  
10862 N 900 West, Carthage, IN 46115

Buffalo meat (frozen and processed), heads, skulls, and hides.

## Naturally Grown, Grassfed



## FARMERS' MARKETS

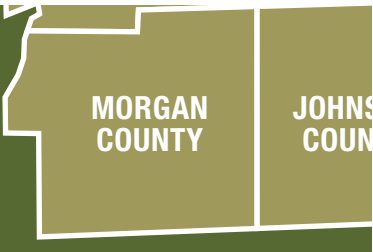
### Harvest Market at the Fairgrounds

Barb Smith, 765-763-0246  
Jeniece Miller, 765-629-2702  
Hancock County 4-H Fairground  
620 N. Apple Street, Greenfield

### Cumberland Farmers' Market

Marcella Champion, (317) 894-4145  
Cumberland Town Hall  
11501 E. Washington St., Cumberland, IN





## MORGAN COUNTY

### FARMS

Calahan Acres Produce

Good Life Farms

John Young Farms

Kiss My Grass Farm

Pauley Produce

### FARMERS' MARKETS

Morgan County Farmers' Market:  
Mooreville Location

Morgan County Farmers' Market:  
Martinsville Location

Monrovia Farmers' Market

### FARMS

#### Calahan Acres Produce

Thomas or Ruffice Calahan  
317-996-3932, 317-531-7173

7146 N Baltimore Rd., Monrovia, IN 46157

We buy eggs, pork, buffalo, from farmers we know. We grow produce, cantaloupe, pecans, walnuts, and peanuts.



#### Good Life Farms

Darin Kelly  
317-716-8056, 765-528-2506

12050 Walters Road

Martinsville/Eminence, IN 46125

[www.goodlifefarms.com](http://www.goodlifefarms.com)

Vegetables: Hydroponic and field grown;  
mineral/nutrient mix.



#### John Young Farms

John Young, 317-752-0559

5028 E. Landersdale Road

Mooreville, IN 46158

Meat, vegetables, grains, honey.

#### Naturally Grown



#### Kiss My Grass Farm

Brian Jordan, 812-521-1063

[kissmygrassfarm@hotmail.com](mailto:kissmygrassfarm@hotmail.com)

7024 Spearsville Road

Morgantown, IN 46160

[www.kissmygrassfarm.net](http://www.kissmygrassfarm.net)

We offer farm fresh produce, eggs and meats in season raised without artificial inputs. Our pastured hens produce high quality fresh eggs. We also raise pastured broilers, chevon, lamb, beef and pork without unnecessary antibiotics and hormones. We are currently taking orders for pastured broilers. Birds will be available in early September. In November, we will have pastured pork, lamb and chevon lamb full grown available. Meat, vegetables, herbs.

#### Naturally Grown, Grassfed





# MORGAN COUNTY

## Pauley Produce

Luke and Stacey Pauley  
317-748-6049, 317-979-2810  
368 Merriman Road  
Mooresville, IN 46158  
[www.localharvest.org/farms/M22379](http://www.localharvest.org/farms/M22379)

We are a small, family owned and operated Christian business. We are friendly and do whatever it takes to make our customers happy. All produce is hand picked. We employ pickers as young as 14 and as old as 86. Don't be afraid to give us a call if you are a dependable person in need of a little extra cash. We can find work for you. Fruit, nuts, vegetables, honey.

## Naturally Grown



## FARMERS' MARKETS

### Morgan County Farmers' Market: Mooresville Location

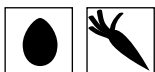
Julane Beetham  
*Farmers' Market Board Member*  
*Purdue Extension of Morgan County*  
765-342-1010

Jeffrey Walk, 317-946-1432

Wednesday 3-7 pm

Season begins May 26th

All items for sale at this Market have been grown or produced in Indiana. Most items for sale are from Morgan County or neighboring counties. We sell greens, potted plants, beans, peppers, squash, tomatoes, carrots, melons, corn, apples, peaches, pears, pumpkins, berries, many other varieties of vegetables and fruits, eggs, baked goods, honey, items made from honey, soaps, and more!



### Morgan County Farmers' Market: Martinsville Location

Julane Beetham  
*Farmers' Market Board Member*  
*Purdue Extension of Morgan County*  
180 S. Main Street, Martinsville, IN 46151  
765-342-1010

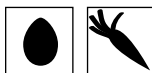
Kate Morgan  
*Farmers' Market Manager*  
765-352-8962, 618-567-2693

Location: NW part of the Town Square

Saturday 9am-1pm

Season begins April 17th

All items sold at this Market are produced in Indiana. Most items are produced in Morgan county or in neighboring counties. We sell greens, potted plants, beans, peppers, corn, tomatoes, potatoes, squash, pumpkins, melons, apples, peaches, pears, berries, eggs, baked goods, soaps, honey, items made from honey, frozen meat, stone ground flour, corn meal, soybean products, and much more! Art Sanctuary Artist Demonstrations (pottery, etc) some weeks.



### Monrovia Farmers' Market

Thomas or Ruffice Calahan  
534-7173  
Center of town

End of April to end of October.



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## JOHNSON COUNTY

### FARMS

The Apple Works

Kelsay Farms

S&E Produce and Flowers

Smith's Bee Keeping

Stout's Melody Acres

Whiteland Orchard

### WINE/ALCOHOL

Mallow Run Winery

### FARMERS' MARKETS

Greenwood Farmers' Market

### FARMS

#### The Apple Works

Sarah Brown Rick, 317-878-9317

8157 South 250 West

Trafalgar, IN 46181

[www.apple-works.com](http://www.apple-works.com)

Apples, Asian pears, blackberries, pick your pumpkins during season, apple cider, baked goods, fudge, ice cream, bedding plants, hanging baskets, perennials, seasonal fruits and vegetables.

#### Naturally Grown



#### Kelsay Farms

Amy Kelsay

6848 N. 250 E., Whiteland, IN 46184

[www.kelsayfarms.com](http://www.kelsayfarms.com)

We do produce on the farm, and farmers markets. Also eggs, pork, buffalo we buy from farmers we know. Dairy Farm Tours, 5-Acre Corn Maze, Hay Rides, etc.



#### S & E Produce and Flowers

Steve Dougherty or Elaine Dougherty

317-881-2634, 317-431-3548

[stdough@sbcglobal.net](mailto:stdough@sbcglobal.net)

320 Griffith Rd, Greenwood, IN 46143

[www.sandegreenhouse.com](http://www.sandegreenhouse.com)

Our farm began in 1971 with corn and soybeans. In 2002 S & E Produce and Flowers was added to the farm business. S & E is a family owned and operated business. We grow flowers and vegetables for retail and wholesale customers. All vegetables are grown on our farm and picked fresh daily. Vegetables, herbs. Vegetable pants.

#### Naturally Grown



#### Smith's Beekeeping

Mark A. Smith, 812-526-3814

411 W. Park Dr., Edinburg, IN 46124

"Services and products from the hive."



# JOHNSON COUNTY

## Stout's Melody Acres

Randy and Linda Stout, 317-422-8113  
jrandallstout@netzero.com  
1169 N State Rd 135  
Franklin, IN 46131

Vegetables, herbs, bedding plants. All produce is grown on a 90-year-old farm. I am the fourth generation to farm the land. The produce is all naturally-grown with no commercial insecticides, pesticides, or herbicides applied. The farm produces onions, sweet potatoes, pumpkins, sweet corn, tomatoes, a variety of peppers, summer and winter squash, broccoli, cauliflower, cabbage, and much more.



## Whiteland Orchard

Glenn and Becky Haveman  
317-535-8495  
5559 N Graham Road  
Whiteland, IN 46184

Fresh cider, Fresh apples. Golden Delicious-excellent sweet eating and cooking. Red Delicious-excellent sweet eating. Jonathan-sweet/tart eating apple that cooks well holding it's shape. Cortland-excellent tart cooking apple that is a soft tart eating. Stayman Winesap-tart eating and cooking. Ida Red-excellent sweet-tart eating and holds it's shape when cooked. Fuji-excellent crisp sweet-tart eating apple. Blushing Gold-excellent crisp sweet-tart eating. Green beans, pumpkins, tomatoes, summer squash, zucchini, green houses and bedding. Cider, unpasteurized. Schools tours, walking tour, by appointment.



## WINE/ALCOHOL

### Mallow Run Winery

Bill Richardson, 317-422-1556  
6964 West Whiteland Road,  
Bargersville, IN 46106  
www.mallowrun.com

Mallow run is a small winery located on our family farm, established in 1835. In addition to corn and soybeans, we now grow eight varieties of wine grapes in our eight-acre vineyard. Sample wines in our historic nineteenth-century timber-frame tasting room.



## FARMERS' MARKETS

### Greenwood Farmers' Market

Glenn Haveman/ Jeff Whiteman Orchard  
317-535-8495

355 South Madison  
Greenwood, IN 46142  
www.geocities.com/greenwoodfarmersmarket

Greenwood Public Library parking lot  
Saturdays, 8 am - 12 noon  
Wednesdays, 2:30 pm - 6 pm, late June 27

Fruits and vegetables.





JOHNSON  
COUNTY

SHELBY  
COUNTY

## SHELBY COUNTY

### FARMS

Circle L Bison Farms

Viking Lamb, LLC

Weaver Produce

### FARMERS' MARKETS

Shelby County Farmers' Market

### Weaver Produce

Jeremy Weaver, 317-835-2031

1116 St. Joseph St., Shelbyville, IN 46162

[www.weaversproduce.com](http://www.weaversproduce.com)

Find out more information about our CSA on our website. Fruit and vegetables.



### FARMS

#### Circle L Bison Farm

Floyd Lyster and Jill Crohan

765-525-9562

[jcrohan@tds.net](mailto:jcrohan@tds.net)

5337 S. 700 E. Waldron, IN 46182

[www.circlelbisonfarm.com](http://www.circlelbisonfarm.com)

Packaged cuts of hormone and antibiotic free, grassfed, pastured bison.

**Sustainable, Grassfed**



#### Viking Lamb, LLC

Terry Knudson, 812-871-5700

[vikinglamb@iquest.net](mailto:vikinglamb@iquest.net)

1634 E. 1000 N.

Morristown, IN 46161

[www.vikinglamb.com](http://www.vikinglamb.com)

Home Delivery.

**Naturally Grown**



### FARMERS' MARKETS

#### Shelby County Farmers' Market

Amy Haacker, 317-398-9552

Or Maggie Smith, 317-392-4230

East half of Shelbyville Public Square

Shelbyville, IN 46162 46176

Fruits and vegetables.

Saturdays, May 2– Oct 10, 8 am – 12 pm

Wednesdays: Jul 1-Oct 14, 4 pm - 7 pm





## RESTAURANTS

### **Cafe Patachou**

4901 North Pennsylvania Street  
317-925-2823

8697 River Crossing Boulevard  
317-815-0765

225 West Washington Street  
317-632-0765

4733 126th Street  
317-569-0965

Civic Plaza (pre-security), Indianapolis  
International Airport.

### **Petite Chou**

#### **by Patachou® Clay Terrace**

14390 Clay Terrace Boulevard  
317-566-0765

### **Petite Chou**

#### **by Patachou® Broad Ripple**

823 Westfield Boulevard  
317-259-0765

[www.cafepatachou.com](http://www.cafepatachou.com)

### **Highland Country Club**

1050 West 52nd Street  
317-253-3030  
[www.highlandgcc.com](http://www.highlandgcc.com)

### **Hilton Downtown**

120 West Market Street  
317-972-0600

### **City Café**

443 North Pennsylvania Street  
317-833-2233  
[www.indycitycafe.com](http://www.indycitycafe.com)

### **St. Elmo's**

127 South Illinois Street  
317-635-0636  
[www.stelmos.com](http://www.stelmos.com)

### **Harry and Izzy's**

153 South Illinois Street  
317-635-9594  
[www.harryandizzys.com](http://www.harryandizzys.com)

### **R-Bistro**

888 Massachusetts Avenue  
317-423-0312  
[www.rbistro.com](http://www.rbistro.com)

### **Recess**

4907 North College Avenue  
317-925-7529  
[www.recessindy.com](http://www.recessindy.com)

### **Barking Dog**

115 East 49th Street  
317-924-2233  
[www.barkingdogindy.com](http://www.barkingdogindy.com)

### **H2O Sushi**

1912 Broad Ripple Ave  
317-254-0677  
[www.h2osushibar.com](http://www.h2osushibar.com)

### **Euphoria and Creation Cafe**

337 West 11th Street  
317-955-2389  
[www.indycanal.com](http://www.indycanal.com)

### **Goose the Market**

Christopher Eley  
[chris@goosethemarket.com](mailto:chris@goosethemarket.com)  
2503 N Delaware St  
317-924-4944  
[www.goosethemarket.com](http://www.goosethemarket.com)



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Don't see yourself in the Guide, but  
think you should be listed? Contact April  
Hammerand to see if you can be placed in  
the next edition.

[april@indyfoodfarmfamily.org](mailto:april@indyfoodfarmfamily.org)

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